

SINCE 1980

# PAGODA PACERS

## ATHLETIC CLUB

Reading, Pennsylvania

We are a club devoted to physical fitness, athletic competition, health and fellowship.

### FROM THE PRESIDENT

Good afternoon Pacers,

I am going to try to keep this letter short, as it seems everyone is late getting things done for the newsletter this month. Elections are coming up this month with some good people running for all the open spots. I am not running again for president. This position seems to take a toll on the presidents as no recent president has lasted more than two years.

\*\*\*\*\*  
 \* **SAVE THE DATE** \*  
 \* 12/7/18 - Christmas Party \*  
 \* 12/9/18 - Shiver by the River #1 \*  
 \* 12/30/18 - Kris Kringle Run 5 Mile \*  
 \*\*\*\*\*

I am going to try to get some social events in before the end of the year, but we still have the Bonfire coming up this month which is always a great event. I think our social events seem to go over best in the middle of winter when it gives members something to do when it is freezing outside.

Coming up in the beginning of November is the Oley Valley race, chaired by Lenny and Barry. I hear they could use some members to yell out the times at the mile markers. So come on out; it is always a packed race. We also have the Shiver series coming up. This series is a low cost series of races in the middle of winter which Sue always makes exciting. Don't miss the awards dinner after the last race. Last but certainly not least is the Kris Kringle. Polly will be overseeing this race again so you know you will have a great time and get some great swag; this is always our last race of the year.

So with that I will leave you to runs now that the rain seems to have stopped for a couple of days. Hope to see you all at the Wednesday night run - Phil always makes sure we all have great places to get out on a Wednesday night and see our fellow Pacers.



Thanks,  
Larry Drogo

### November 2018 UPCOMING EVENTS

- |                     |   |
|---------------------|---|
| 11/3/18<br>Saturday | <b>Pacers Bonfire</b> , 7:00pm<br>Mike & Laura Yoder's home<br>449 Orchard Road, Fleetwood<br>*Bring a covered dish to share* |
| 11/8/18<br>Thursday | <b>Monthly Membership Meeting</b><br>7:00pm, Blind Hartman's Tavern<br>2910 Pricetown Road, Reading                           |
| 11/11/18<br>Sunday  | <b>Oley Valley Country Classic</b><br>9:00am - 5K and 10 mile<br>Oley Valley Youth League, Oley                               |

### GROUP RUNS

Start Time: 6:15pm Wednesday

**\*\*Runs during fall/winter are on roads; reflective gear/headlamps recommended\*\***

#### November 7, 2018

Run: Cumru Elementary School  
601 Philadelphia Ave., Shillington  
Eat: Mimmo's Restaurant  
290 Morgantown Rd (Rt. 10), Reading

#### November 14, 2018

Run: Exeter High School (rear lot)  
201 E. 37th Street, Reading  
Eat: Exeter Family Restaurant  
4800 Perkiomen Ave., Reading

#### November 21, 2018

Run: Muhlenberg High School  
Sharp Ave. & Frances St., Temple  
Eat: Margherita's Pizza  
2118 Kutztown Road, Reading

#### November 28, 2018

Run: Reading-Muhlenberg Career/Tech School  
2615 Warren Rd., Reading  
Eat: Shirley's Cafe & Tequila Bar  
1615 Duke St., Laureldale

# RACE RESULTS

Email Results to Race Results Coordinator Karen Rule at [raceresults@pagodapacers.com](mailto:raceresults@pagodapacers.com)

## Blues Cruise

18/311	Brad Bansner	4:57:11	
21	Kyle Gery	5:03:34	
22	Ben Hatt	5:09:19	
41	Ruth Machamer	5:36:58	
42	Felicia Haines	5:37:23	3rd F30-39
82	Duane Renninger	6:08:18	
93	Matthew Brophy	6:15:46	
102	Jill Roper	6:18:33	
104	Michael Whalen	6:19:36	
112	Jeremy Rapp	6:23:21	
134	Phil Lechner	6:47:26	
223	Jackie Snyder	7:43:15	
224	Sandie Kincaid	7:43:19	
278	Aaron Kreider	8:25:06	
289	Barbara Raifsnider	8:37:37	

## Daisy Dash 5K

Aaron Kreider	25:06	1st M40-49
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## Third Thirsty Thursday 5K- October

3/159	Steve Koch	17:41	1st M50-59
5	Michele Gallen	20:24	1ST Female
6	Brian Stoltzfus	20:32	2nd M50-59
7	Don Mengel	20:37	1st M60-67
11	Jess Gockley	21:30	1st F30-39
24	Laura Yoder	22:35	1st F40-49
36	Brett Kline	23:46	
46	Lauren Massaro	24:59	
49	Aaron Kreider	25:14	
62	Tony Agentowicz	26:57	
67	Blair Hogg	27:33	
81	Barbara Raifsnider	29:41	2nd F50-59
82	Larry Drogo	29:43	
83	Julia Hager	29:45	
84	Mike Ranck	29:48	
105	Steven Holgate	31:28	
110	Karin Long	31:46	3rd F Master CL
112	Lisa Domeshek	31:57	
118	Sarah Kline	33:14	
134	Rose Hagy	37:09	1st F68+
136	Lori Koch	37:14	
141	Charlie Crowell	38:06	
159	Helene Horn	58:21	

## Chicago Marathon

Dale Wiest	3:23:04
Steve Maguire	3:25:16

## Vines to Wines 5K

1	Dale Wiest	21:10	1st Overall
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## Green Monster 50K

5/52	Diane Grim	6:42:13	1st Female
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## Yuengling Octoberfest 5K

Andy Styer	22:08
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## Denver, Pa Screaming Eagle 5K

Aaron Kreider	25:48
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## Worlds End Fall Classic

9	Brandon Beane	2:42:26	5th M30-39
17	Jess Gockley	2:57:56	3rd Female
37	Mike Zimmerman	3:14:00	
72	April Zimmerman	3:54:35	

## Black Forest 100K

1	Rhoda Smoker	15:40:03
5	April Zimmerman	17:50:20
6	Anna Piskorska	18:00:08

## Call of the Wilds 25K

20	Rhoda Smoker	3:22:54	3rd F30-39
27	Donny Mengel	3:31:01	2nd M60-69
32	Jess Gockley	3:32:37	4th F30-39
44	Brooke Schell	3:39:08	1st F40-49
45	April Zimmerman	3:39:08	
49	Mike Zimmerman	3:41:19	

## Oil Creek 100

28	Brooke Schell	28:35:24	4th Female
29	Donny Mengel	28:35:24	1st M60-69

## Reading Hospital Half Marathon

8	Katie O'Regan	1:26:16	2nd Female
9	Dee Koutsourais	1:28:23	3rd Female
11	Curt Minich	1:30:49	1st M 50-59
14	Jon Durand	1:33:51	2nd M30-39

## Reading Hospital 5K

60	Janine Beidler	24:07	2nd F40-49
76	Larry Drogo	24:59	
85	Julia Hager	25:52	2nd F40-49
103	Joanne Patti	27:00	2nd F60-69
115	Michelle Henry	27:57	
119	Yuriko Beaman	28:27	

## OLEY VALLEY COUNTRY CLASSIC

### *Attention Pacers!*

Come out and volunteer or run the 24th annual Oley Valley Country Classic 10 mile and 5k run on November 11. Volunteers for registration and set up should report at 7 a.m., Course Marshalls and support staff 7:30 a.m.

Thank you to our great sponsors that make this a great event year after year: Level Financial, Bob Fisher Chevrolet, Fleetwood Footcare Center, Tower Health Physician Network Sports Medicine Group, and Gallen Insurance for the break the record cash prize. Someone please win this money!!!

This year's long sleeve cotton shirt looks great and the Hex sign is full of bright colors! Nice design by Villa Graphics! Timing will be provided by Pretzel City Sports; thank you always for a great job! Oley Valley Youth League provides a great venue, with hot food for all runners. Plenty of awards in five year age groups handmade by local glass artist Maggie Gallen. They look beautiful!

Day of race registration opens at 7:30 a.m., and for the first time ever we will accept credit cards at the race. Berks cross country runner discounted accepted. Come check out the new finish line! I've ordered great weather and asked for the changing leaves of fall to canvas the landscape. It's not too late to sign up today... Or volunteer; we can use your help. Check the application for more details. See you November 11!

### MEMBERSHIP SURVEY *We Want Your Feedback!*

The Board of Directors has assembled a membership survey to see how well the club is serving YOU, our members. We want to know what you want this club to be as we move forward, what is important to you, and how we can improve how we function as an organization. Please take a few minutes to complete the survey and let us know how we can serve you better!

The survey is located online here:

[https://docs.google.com/forms/d/1hVXSraKZreF2DXIzUPHEuflX7ojbgAnJakn8EIX2pwU/viewform?edit\\_requested=true](https://docs.google.com/forms/d/1hVXSraKZreF2DXIzUPHEuflX7ojbgAnJakn8EIX2pwU/viewform?edit_requested=true).

## SHIVER BY THE RIVER

The 29th annual **SHIVER by the RIVER 5K & 10K** is upon us. Join us on the 2nd Sunday of the each month: **December 9th, January 13th, February 10th and March 10th**, at Jim Dietrich Park, in Muhlenberg Township.

**New Time:** Registration opens at 8:30, **both races start at 10:00**. If you can't run all 4 of them, run 3, run 2, or run 1.

If you choose not to run the race, please consider volunteering. We need volunteers before the race, for parking and registration; during the race - on the road, at the finish line and in the farmhouse; and after the race - for cleanup. If you can help prior to the race, please plan to arrive between 8:00 - 8:15. If you can help with the race itself, please arrive no later than 9:30. Look for one of the race directors somewhere around the farmhouse. Thank you in advance for your support!

Hope to see you there!!!

*Sue Jackson, Kelsey Jackson, Georgine McCool*

### **Pagoda Pacers Scholarships!** **Application Deadline:** **February 28, 2019**

The Pagoda Pacers award four outstanding High School Seniors each with a \$750 scholarship for their continuing education. Students are recognized for their participation and achievements in athletics, academics and community service.

Two scholarships are open to all high school seniors whose **parents are current members** in good standing for at least one year of the Pagoda Pacers.

Two scholarships are open to all high school seniors who participated on a **Berks County high school cross country team**.



Scholarship Application and additional details are online at: [www.pagodapacers.com/Scholarships/About.aspx](http://www.pagodapacers.com/Scholarships/About.aspx).

# GENERAL MEETING MINUTES

Date: October 11, 2018

Time: 7:00 p.m.

Location: Blind Hartman's Tavern

**Treasury Report:** Shaun Luther: 87% of target—typical for this time of year, due to expenditures for multiple races coming up.

Credit card readers from PayPal are in and will be tested at the Oley race in November. Shaun is trying to register with the company as a charity, so that there will be a reduced rate charged per transaction.

## Races:

Charlie Horse - Shaun Luther - Added a 5K race called, "The Dirty Pony."

Run for the Ages - June 23, 2019, is the next date, and is approved by the park (Nolde Forest). Planning is starting.

Blues Cruise 50K - Stephan Weiss, Dan Govern, and Mike Yoder - total entrants were a little down for runners this year. Registration was going well, until about 2 months prior, but then dropped off, possibly due to competition from nine other races on that day. 446 runners this year, trend is still going up with ultra-runners. 27 DNFs, 311 finishers. Cost of race was higher due to one-time additional giveaway for the 10-year anniversary. Dan is taking over next year, but Stephan and Mike are still on board. Not a lot will change from the runners' perspectives. Possible improvements—sweeping should be better coordinated; getting equipment to and from the shed; get new people involved; and foul-weather, extreme weather planning. It was noted that some new members came out and helped with the race marking on Saturday. Ten great years, thanks Stephan and Mike.

Oley Valley Country Classic - Barry—Need volunteers, they are short. There will be one more meeting before the race for people to sign up to help.

Kris Kringle - Polly Corvaia—40 registered, the race is the Sun-

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PefferEmpower@gmail.com | www.mvdamselpro.net/VirtuteVanguards

day after Christmas, Dec 30. Hoodies and raffle tickets for the Southwest tickets are planned.

Shiver by the River - Sue Jackson—may or may not change the course. She is strongly considering staying entirely on the park side of the bridge. 10:00 a.m. start, this is new this year. Showed the new swag shirt. It has unisex sizing.

Jr. High Cross Country - Tom Chobot—Oct 20, need volunteers, about 12 in total, starts at 7:00 a.m. at the Fairgrounds. Next Tuesday, Oct 16, 4:00 p.m., senior high cross country race, at Kutztown.

## Committee Reports

### Social Committee:

- Larry Drogo—Next Friday is rock climbing at Reading Rocks.
- November bonfire—Saturday, Nov 3, at the Yoders,

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## MEETING MINUTES, CONT'D

when it gets dark between 6 and 7 p.m. Bring a covered dish to share.

- Christmas Party - Dave Feinauer - Dec 7th, 6:00 to 11:00 p.m., at the Grill Fire Company. Entertainment will be a DJ this year.

### Communications Committee

- Facebook: The committee will distinguish the two Facebook pages, the official page and the public posting sub-page. There was some confusion that there were two pages, so the names will change to distinguish them. One is the official Pagoda Pacer Facebook page with official information, where only those with admin access can create posts. The group Facebook sub-page has social things, and this name will change to "Pagoda Pacer Discussion Group" and the icons will change. Anyone can post on this page.
- Survey—The survey is pretty much finished and should be going out to all club members within the next month. The club wants feedback that the club is meeting needs and going in the right direction.

### Community Service

- Wednesday night run: Phil Lechner—Next Wednesday is changed to Exeter High School—the original host, Dan Smith, had to cancel. Phil reminds the group that we always appreciate the Wednesday night hosts.
- Sunshine club: going well.
- Reading Hospital Race: Beth Auman—Pacers have an aid station to assist the runners.
- Shoe program with Fleet Feet: Tom Chobot—to date we've had 8 kids benefit from this. The process is that Tom Chobot receives an email from a local coach about a kid who is financially strapped, and can't afford new shoes. Tom sends the name to Fleet Feet (formerly, 'A Running Start') in West Reading, and the kid gets shoes from the store. The Pacers pay for the shoes at a discounted rate.

Membership: Is up about 13%.

- Dave Gallen—About 538 members, up again.

### Scholarship:

- Beth Auman—Will get applications out

### Old business

- Quartermaster position will be changed in the bylaws, and Mike Whalen is interested in tak-



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ing this position.

- Elections will be held in November for Board of Director members and the president's positions.

**Next meeting:** November 8, 7 p.m., at Blind Hartman's Tavern



**THE PAGODA PACERS A.C.'S 29th ANNUAL  
SHIVER BY THE RIVER  
LEGENDARY 5K & 10K "NO FRILLS" WINTER RACE SERIES  
Sunday(s) Dec. 9, 2018 and Jan. 13th, Feb. 10th & March 10th, 2019  
\*\*\* New Time\*\*\* 10:00 A.M. start for all races. Registration opens at 8:30 A.M.**

**Jim Dietrich Park, Muhlenberg Twp., Reading Pa.**  
Conducted in cooperation with the Muhlenberg Twp Parks and Recreation Department

**SPONSORED BY**

**Shillington Family Chiropractic Center, Shillington, Pa**

**Fleet Feet, West Reading, Pa**

**Please note the NEW START TIME: 10:00am. Many of you have asked us to start earlier, and we are listening!!!!**

Per RRCA insurance guidelines, the Pagoda Pacers strongly discourage the use of headphones during any Pagoda Pacer event, including training runs, and races.

Popular winter race series that draws approx. 400 runners per month because of its friendliness, great price, devotion to running in almost any type of weather, indoor registration, a wheel measured course and a wonderful post-race buffet!!!

Both races start at same time and place; 10k runners do the loop twice. **ROAD OPEN TO TRAFFIC DURING RACE;**  
*Proceeds benefit Pagoda Pacer Scholarship Fund and health & fitness activities supported by the Pagoda Pacers.*

Questions can be directed to [shiverdirector@pagodapacers.com](mailto:shiverdirector@pagodapacers.com) Or Kelsey Jackson (484) 336-7683 or Sue Jackson (610)779-6556 or Georgine McCool 610-927-1606

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**AWARDS:** Only to the male and female top 4 runners in each of the 5k and 10k. However, awards are given for the overall series, based on a cross-country type of scoring (the person finishing 15th will be earn 15 points). Lowest scores in each age group will receive the awards. Both distances will be counted toward one set of awards. To be eligible, a runner must complete a minimum of 3 races (best 3 finishes count).

Series Awards to: 3 Overall Males/Females; Male/Female Master; Male/Female Clydesdale; Male/Female Master Clydesdale; plus age groups: 14 & under; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75+; and Clydesdale

Clydesdale: 2.2 lbs/vertical inch for women and 2.65 lbs/vertical inch for men.

**ENTRY:** Series registration includes great long sleeve tech shirt. \$45 for series if postmarked by Nov. 18, 2018; afterwards, \$60 for series; \$25 per race on race day, while shirts last; \$20 on race day, no shirt. No pre-registration for individual races. No refunds. No mailing of awards.

This is not a Pretzel City Event; therefore, Pretzel City gift certificates will not be honored as payment.

**Race Cancellation:** If, and only if, the weather is mega-foul and predicted to get worse, the status of the race may be checked at [www.pagodapacers.com](http://www.pagodapacers.com). Cancellation should also be listed on the scrolling bar on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

**Address:** 4899 Stoudt's Ferry Bridge Rd. Reading PA 19605

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**Directed By the PAGODA PACERS A.C., [www.pagodapacers.com](http://www.pagodapacers.com) Insured by Road Runners Club of America**

Register online at [www.pretzelcitysports.com](http://www.pretzelcitysports.com)

Or mail checks, payable to: PAGODA PACERS A.C., to Sue Jackson 89 Kinsey Hill Rd. Birdsboro, Pa. 19508

**Last Name** \_\_\_\_\_ **First Name** \_\_\_\_\_ **Paid for Series? Yes / No**

**Street Address** \_\_\_\_\_ **Email** \_\_\_\_\_

**City** \_\_\_\_\_ **State** \_\_\_\_\_ **Zip** \_\_\_\_\_

**Age as of March 10,2019 race:** \_\_\_\_\_ **Date of Birth** \_\_\_/\_\_\_/\_\_\_ **Sex:** M F **Clydesdale? Yes / No**  
(this will be your age group for the entire series)

**Shirt Size (unisex):** XS \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL \_\_\_

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WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic and winter hazards on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Pagoda Pacers A.C., Muhlenberg Twp., the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. By entering this race, I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. Per RRCA insurance guidelines, the Pagoda Pacers strongly discourage the use of headphones during any Pagoda Pacer event, including training runs, and races. I HAVE READ AND UNDERSTAND THIS WAIVER:(if under 18, legal guardian must sign).

**Signature** \_\_\_\_\_ **date** \_\_\_/\_\_\_/20\_\_\_

## PACERS GIVING BACK IN BERKS

We want to highlight on a monthly basis the good deeds that the club is doing, through the efforts of its members, in our local community. Please share any content you feel should be included by emailing [editor@pagodapacers.com](mailto:editor@pagodapacers.com).



### ♥ From the youth programs director:

There are two youth-specific races each year that the club is involved with, both of which take place during the third week of October.

One is an actual PPAC event, called the FALL RUN OFF INVITATIONAL, and is a junior high (7<sup>th</sup> and 8<sup>th</sup> grade) 2 mile cross country race. It was designed to be a copy of the Berks County senior high XC conference run and all of the teams from only those Berks County school districts who offer a junior high cross-country program, are invited. This was our 10<sup>th</sup> year of holding this event which averages about 240 kids each year.

The other is the BCIAA (Berks County Interscholastic Athletic

Association) high school cross country conference run as described earlier. My wife, Gwyn, and I direct this race and one of our responsibilities is to recruit 12 to 18 volunteers. Each year, we approach club members first, as we see this as an excellent opportunity for community outreach and to show those outside of our circle what we do. This was our 4<sup>th</sup> year of directing this race and the Pacers have come through with not only providing almost 100% of the needed volunteers, but also executing the race flawlessly and professionally.

Both of these events have been a huge success in terms of PR and community outreach. Gwyn and I wish to thank the club and its members for your generous contributions and support for these youth events.

- Tom and Gwyn Chobot

***"We're all in this together, and we need to look out for each other, especially the young. The young are the architects of the future and we are the architects of the young."***

- Paul O'neill

## CALLING ALL RUNNERS, VOLUNTEERS AND SPECTATORS.

**The Pagoda Pacers' annual KRIS KRINGLE 5 MILE RUN is  
Sunday December 30<sup>th</sup> and we hope to see you there!  
Save \$\$ if you register by November 30<sup>th</sup>.**

HOODIES are back and so is the chance to win a pair of SOUTHWEST AIRLINE TICKETS. Hoodies guaranteed to the first 500 runners and ALL RUNNERS are entered in the airline ticket raffle; must be present to win.

Entry Fee is \$30 Adults, \$15 ages 18 and under if received by November 30<sup>th</sup>. Afterwards and on race day: \$35 adult, \$20 student. Proceeds benefit high school runners through the Berks County Cross Country Coaches Association, and also provide for college scholarships, free running shoes to students in need, and the sponsorship of the Junior High Cross Country Invitational Race.



Race starts at 11:00 AM and registration opens at 9:30 in the 4-H building at the Berks County Agricultural Center, 1238 County Welfare Road, Leesport, PA 19533. The course is scenic country roads, a short portion on the Union Canal Path next to a trout stream and on the prettiest trail section of Blue Marsh Lake. We are running in the clockwise direction up Hilltop Road at the race start.

Volunteers please arrive by 9:00 and thank you for helping out. On-line and hard copy registrations available on [PAGODAPACERS.com](http://PAGODAPACERS.com) and [PRETZELCITYSPORTS.com](http://PRETZELCITYSPORTS.com).

## Nominated Pacer Board of Directors Candidates

Ellie Alderfer  
Tracy Barlet  
Matt Brophy  
Tom Chobot  
Larry Drogo  
Jon Durand  
Sue Jackson

## Nominated Pacer President Candidate Steve Maguire

Elections to be held at November 8 meeting  
(5 Board positions, 1 President)

President Larry Drogo offered for all Board of Directors and President candidates to submit a brief summary of themselves and their interest in being elected. Not all candidates provided a summary. Refer to list above for full ballot of candidates running for office.

### Ellie Alderfer

Thank you for your consideration. I have been a Pacer for about 10 years. This is a wonderful group of people who continually propel me to do better things in my life. My inspiration to run for an executive position is to maintain the mission of the club that calls for fun, community, and fellowship. And running. I would bring several years of experience in management, leadership, and service to others to the board. I am a veteran of the U.S. Air Force, a registered nurse, and nationally certified in leadership and management by the American Hospital Association. I understand how organizations should run to maintain smooth operations, be fiscally responsible, and strategically plan for the future. I have enjoyed my current position as club secretary, and would like to bring more to the organization by serving as a board member.

### Tracy Barlet

I have been a member of the Pacers for a few years and during that time have met a lot of great people both volunteers and runners and walkers. It takes a village to have a successful running group and we are lucky to have so many members who are willing to serve in many capacities. I would like to expand my footprint in the organization and become more involved in a decision making capacity. I believe that I can bring great ideas to the table to consider and also carry forward what ideas the general membership has by listening to what folks have to say outside of the general meetings. I live in Wyomissing with my husband Mark and am currently planning to move into the Greenfields area next month. I am looking forward to meeting new running buddies in that area of the county. In addition to running, I enjoy traveling, geocaching, and spending time with the newest runner in our family, my 3 year old grandson.

### Matt Brophy

I have been a member of the Pagoda Pacers since 2015, when my wife, Yuriko, and I moved to Reading. I'm currently serving on

the Board of Directors, and am hopeful for the opportunity to stay on the board and serve a full two-year term. My goals for the board include being more proactive in our budget planning, our recruitment and welcoming of new members, and our responsiveness to the interests of club members. This past year I ran Blues Cruise for the 4th time, volunteered at Gring's Mill and Run for the Ages, and wrote profiles of Caroline Hill, Steve Vida, Anna Piskorska, Mike Yoder, and Brooke Schell for the newsletter.

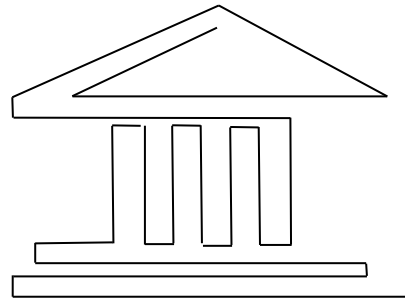
### Tom Chobot

My wife Gwyn and I have been active members of the club for about 20 years. We enjoy engaging in all facets of club activities from joining in on group runs to helping out at the various functions and races whenever we can. In addition, we started the Fall Runoff junior high cross-country invitational and, along with Phil Lechner, have co-directed it for the past 10 years. I have been running, on and off, for 45 years, long enough to know that runners are the kind of folks I want to hang around with. I dare say that the running community is my second family and for what it's worth I feel emotionally invested in the club, the sport, and the running community as a whole.

The way I see it, the club provides two basic benefits. One is that it gives us a place to congregate as a group – a group which spans the spectrum of backgrounds, age, and abilities, yet we share one common interest. The other is that it gives us an opportunity to pool our resources (our time, talents, skillsets, etc.) with the idea that whatever we wish to contribute, we can come out with more than we invested. The good thing is that the club is healthy and rapidly growing, and that in itself, will require more structure as to how we make the best use of our resources as we move forward. Picking good leadership is paramount for all of us.

## LAW OFFICE OF BRIAN SEIDEL

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24TH ANNUAL  
**OLEY VALLEY COUNTRY CLASSIC**  
**10 MILE AND 5K RUN**

**NOVEMBER 11, 2018**

A PAGODA PACER EVENT IN CONJUNCTION WITH THE OLEY VALLEY YOUTH LEAGUE



**THE WHAT:** The Pagoda Pacers are hosting **The 24th running of The Oley Valley Country Classic 10 Mile and 5 K runs**, its one of the areas prettiest road races through Oley Valley Farm Country. Both courses have rolling country roads and provide breathtaking country scenery as the leaves change color for the Fall season. An all abilities race for runners, walkers (5k only) and wheelchairs. No pets on course please. This year's 10 Mile event also is the RRCA Eastern Regional championship.

**THE WHERE and WHEN:**

Sunday November 11, 9:00 AM  
 Oley Valley Youth League Fields  
**446 Bertolet Mill Rd. Oley PA 19547**  
**Check-in and Day of Registration:** 7:30 AM—8:50 AM  
 10 Mile begins at 9 :00 AM, 5K begins at 9:15 AM  
 Pre-Register to guarantee your shirt and finisher item.  
 ONLY pre registered runners guaranteed

**f** **Race updates!!** Follow us on Facebook: Oley Valley Country Classic 10 Mile and 5K Run OR [www.pagodapacers.com](http://www.pagodapacers.com)

**WHAT YOU PAY AND WHAT YOU GET:** Pre-Registering by October 30 guarantees a LONG SLEEVE COTTON T with this years unique Amish Hex Design AND a surprise finisher award!  
**FEE:** \$25 if postmarked by **Oct 29**, After Oct 29 AND day of race, \$30 while shirts last, \$25 without shirt. No refunds, no mailed shirts or mailed awards. Held rain or shine. *Proceeds help benefit the Oley Valley Youth League programs and Pagoda Pacer Scholarship Fund for high school cross country athletes and associated health and fitness activities supported by the Pagoda Pacers.*

**DOOR PRIZES GALORE!!** Tons of door prizes for all participants ...randomly selected during the race. **Finish the run and see what else you have won!**  
**CASH PRIZE:** Break the Course record in either the 10 M or 5K race and **Gallen Insurance** will give you \$150 CASH!!  
**All PRE Registered runners will be eligible for a DRAWING for one free pair of sneakers from Sneaker Villa!!**  
**COURSE RECORDS:** 10M: M- Floyd Mayne 52:36 (2008) F-Lisa Galvin 59:42 (2000)  
 5K: M-Wesley Bonilla 15:34 (2008) F-Maria Winters19:11 (2011)

**COURSE:** Flat, and fast with some rolling country roads through beautiful Oley farm land. Split times provided at every mile, Aid stations on both courses. Starts and finishes at the Oley Youth League fields. See [www.pagodapacer.com](http://www.pagodapacer.com) for course map.

**AWARDS:** Handmade awards by local glass works artist Maggie Gallen! They are beautiful and you want to win one!  
 Over 160 handmade awards! Five year age groups in BOTH races!

Online Registration available on [www.pretzelcitysports.com](http://www.pretzelcitysports.com)  
 (Closes at midnight, Wed, of race week . Small processing fee applies)  
**MAIL CHECK PAYABLE TO "Pagoda Pacers A.C." & FORM BELOW TO: OLEY RUN, 112 W. 36th St, Reading, PA 19606.**  
 (Please sign waiver on back)

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Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
 Street Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Sex: M F Race Day Age \_\_\_\_\_  
 Date of Birth \_\_\_/\_\_\_/\_\_\_ Tel: (\_\_\_\_) \_\_\_\_\_ A.M. / P.M Circle Distance: 10M 5K  
 SHIRT SIZE: S M L XL E-mail \_\_\_\_\_@\_\_\_\_\_

**Questions/Comments about race? Call one of the RACE DIRECTORS:** LEN BURTON: 410-340-0589 [leonardeburton@gmail.com](mailto:leonardeburton@gmail.com)

BARRY GOODHART: 484-824-5588 [barrygoodhart@gmail.com](mailto:barrygoodhart@gmail.com)



Like us on facebook <https://www.facebook.com/OleyValleyCountryClassic10MileAnd5kRun/>  
Website: <http://www.pagodapacers.com/Races-Results/Races/Oley-Valley-Country-Classic.aspx>

**FIVE YEAR AGE GROUPS FOR BOTH RUNS**

**10 Mile Awards:** 1st M/F and Masters (40 yrs and over) M/F 19 & under: 2M, 2F 20-24: 3M, 3F 25-29: 3M, 3F 30-34: 4M, 4F 35-39: 4M, 4F 40-44: 4M, 4F 45-49: 4M, 4F 50-54: 3M, 3F 55-59: 3M, 3F 60-64: 3M, 3F, 65-69: 2M, 2F, 70-74 2M, 2F, 75 over 1M, 1F

**\*\*RRCA Championship Age Group Awards** for Top Overall Male/Female, 40-49 yrs M/F, 50-59 M/F, 60+ M/F\*\*

**\*\*\$150 CASH PRIZE** from Gallen Insurance for breaking course record for 1<sup>ST</sup> Male & 1<sup>ST</sup> Female in the 10 Mile event!

**5K Awards:** 1<sup>ST</sup> M/F and Masters (40 years and over) M/F 15 & under: 3M, 3F 16-19: 3M, 3F 20-24: 3M, 3F 25-29: 3M, 3F 30-34: 3M, 3F 35-40: 3M, 3F 40-44: 3M, 3F 45-49: 3M, 3F 50-54: 3M, 3F 55-59: 3M, 3F 60-64: 2M, 2F, 65-69: 2M, 2F, 70-74: 2M, 2F 75 over 2M, 2F  
(5K awards presented immediately after results tallied)

We thank all the runners who have participated in past races and encourage you to bring your friends this year! Great place to set a "best time" or in place of your Sunday "long run." The course is all on paved roads with little traffic; volunteers, hydration aid stations, and most intersections manned. Always looking for good feedback or ideas on how to make this the best event for you ...Email us or Like us on facebook <https://www.facebook.com/OleyValleyCountryClassic10MileAnd5kRun/> Race day sign up available and shirts while supplies last. Instant results during race and posted on [www.pagodapacers.com](http://www.pagodapacers.com) within 2 days.  
**5K course great for all abilities...Timing provided by Pretzel City Sports**



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\*\*\*\* Proceeds benefit the Oley Valley Youth League programs and Pagoda Pacer Scholarship Fund for high school cross country athletes and associated health and fitness activities supported by the Pagoda Pacers. \*\*\*\*

**A PAGODA PACERS ATHLETIC CLUB EVENT**

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that there will be traffic and on the course and assume the risk for running in traffic. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Pagoda Pacers A.C., the Oley Valley Youth League, all municipalities in which the race is held, the race committee, volunteers, any and all sponsors including their agents, employees, assigns or anyone acting for on their behalf, or anyone else associated in any way with the race, from any or all claims or liability for death, personal injury or property damage of any kind of nature what so ever arising out of, or in the course of, my participation in this event(s). By entering the race, I am granting permission to the Pagoda Pacers to use any pictures or likenesses of me secured at the event in any way they seem fit without my review, restriction or compensation. This waiver extends to all claims of every kind or nature what so ever, foreseen or unforeseen, known or unknown. I HAVE READ AND UNDERSTAND THIS WAIVER:

Signature \_\_\_\_\_ Date \_\_\_\_\_/2018

# SHOPPING YOU CAN ENJOY!

BLACK FRIDAY & SMALL BUSINESS SALE, FRI-SAT, 11/23 & 11/24!

- Up to 40% OFF selected footwear!
- Up to 50% OFF selected apparel!
- Enjoy a personalized shopping experience!
- New Fall/Winter shoe models & apparel!

Shop Local - Small Business Saturday, 11/24<sup>th</sup>!

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WEST READING

[www.FleetFeetWestReading.com](http://www.FleetFeetWestReading.com)

705 Penn Avenue, West Reading, PA

610-320-9097



West Reading **RUN SANTA RUN 5K, Saturday, December 8<sup>th</sup>!**

## PAGODA PACERS ATHLETIC CLUB

### 2018 Pagoda Pacers Officers

President .....	Larry Drogo <a href="mailto:president@pagodapacers.com">president@pagodapacers.com</a>
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*The newsletter is published monthly. To submit an article for publication, or to inquire about advertising, email [editor@pagodapacers.com](mailto:editor@pagodapacers.com). The deadline for submission is the 24th of each month.*