

New event this year!!! CROC-O MILE—how fast can you run in Crocs on the Oley High School running track?

30TH ANNUAL PAGODA PACER RUNNING EVENT

OLEY VALLEY COUNTRY CLASSIC 10 MILE - 5K RUN & 1M CROC-O-MILE

SUNDAY NOVEMBER 3 2024 9:00 AM



OLEY VALLEY HIGH SCHOOL, OLEY, PA

2024 RRCA EASTERN REGIONAL CHAMPIONSHIP

PROCEEDS BENEFIT

OLEY VALLEY HIGH SCHOOL ATHLETIC BOOSTERS



Our 30th running of the OVCC brings us a new unique running experience—

Enjoy the 10M or 5K run OR try your skills at running the Croc-O-Mile!

—1M in Crocs (or equivalent rubber clog) on the high school running track!

OVCC Distances: 10M or 5K: \$30 (by midnight Oct 18, \$35 after) gets you a long sleeve shirt with unique 30th anniversary artwork—5K @ 9:00 am, 10M @ 9:10 am Croc O Mile—\$5— 10:00 am

LOCATION: Oley Valley High School 17 Jefferson Street Oley PA 19547—indoor facilities and check-in!

10M and 5k COURSE: Rolling hills with some flat and fast parts on a picture perfect course through the country roads of Oley Pa during a fall foliage back drop. Miles clearly marked on road. Aid stations on both courses. Starts and finishes at the Oley Valley High School. Lite Post race fare and hydration provided, bring \$\$\$ for @MunchiezPA Food truck

See www.pagodapacers.com for race registration, more details and course map.

Event timed by Pretzel City Sports, @OVCC10M @CrocOmile

Come celebrate 30 years of running with The Pacers running the areas premier 10 mile run

*****10 M event is also the RRCA Eastern Regional Championship*****

Check-in AND Same Day Registration: 7:30AM—8:45 AM



Pre register to guarantee your shirts BY OCT 18; some extras race day while they last)

FEE: \$30 if registered by October 18 \$35 After October 18 and day of race.

REGISTER:

<https://runsignup.com/Race/PAOley/30thAnnuaOleyValleyCountryClassic10Mile5KSaturdayNovember3rd>

(Closes at midnight, Wed, of race week) OR Register: <https://www.pretzelcitysports.com/onlineform1.php?id=1244>

5K race begins @ 9:00 am 10 Mile race begins @ 9:10 AM, Croc-O-Mile @ 10:00 am

\$30 by midnight October 18th, Oct 19 or later \$35

Croc-O-Mile: Must run in CROCS or Croc equivalent (no lace-em ups, flip flops, jellies, high heels) Rubber clogs only! Must be an open back clog and have no more than one "sport" mode strap will have Some Crocs will be available on site to borrow. How fast is your Croc-O-Mile?? **Only \$5 (No Shirt/No Awards)**—Use as your 5K cool down!!

10 Mile Awards: 1st M/F Overall and 1st M/F Masters (40+), 19 & under: 2M, 2F 20-24: 2M, 2F, 25-29: 2M, 2F, 30-34: 2M, 2F, 35-39: 2M, 2F 40-44: 2M 2F 45-49: 2M, 2F 50-54: 2M, 2F, 55-59: 2M, 2F 60-64: 2M, 2F, 65-69: 2M, 2F, 70-74: 2M, 2F, 75-79: 2M 2F, 80+ 2M 2F
COURSE RECORD 10M: M: MICHAEL HEIMES 56:26 (2022), **F:** ALYSSA DEVER 1:04:34 (2021)

RRCA Championship Age Group Awards: Overall M/F, Masters 40-49 M/F, Senior Master 50-59 M/F Grand Master M/F 60+**

5K Awards: 1st M/F Overall and 1st M/F Master (40+), 19 & under: 2M, 2F, 20-24, 2M 2F: 25-29: 2M 2F 30-34: 2M, 2F, 35-39, 2M 2F 40-44: 2M, 2F, 45-49: 2M 2F, 50-54: 2M 2F, 55-59: 2M, 2F, 60-64 2M, 2F, 65-69: 2M, 2F 70+ 2M, 2F (5K awards presented shortly after results tallied)

SIGN UP: <https://runsignup.com/Race/PA/Oley/30thAnnualOleyValleyCountryClassic10Mile5KSaturdayNovember3rd>
<https://www.pretzelcitysports.com/onlineform1.php?id=1244>

RACE DETAILS AND UPDATES: <https://www.pagodapacers.com/Races-Results/Races/Oley-Valley-Country-Classic.aspx>

Follow us on Facebook: Oley Valley Country Classic 10 mile and 5k run **Instagram:** OVCC10M CROCOMILE

<https://www.facebook.com/OleyValleyCountryClassic10MileAnd5kRun/>

Post your pics to Instagram: OVCC10M CROCOMILE

Thank you to all the runners who have participated in past races. We encourage you to bring a friend this year! Great place to set a "best time" or in place of your Sunday "long run." The course is all on paved roads with little traffic; volunteers, hydration aid stations, and most intersections manned. Always looking for good feedback or ideas on how to make this the best event for you ...Email us or **Like us on facebook** <https://www.facebook.com/OleyValleyCountryClassic10MileAnd5kRun/> Race day sign up available and shirts while supplies last. Instant results during race and posted on www.pagodapacers.com within 2 days. **5K course great for all abilities...Timing provided by Pretzel City Sports www.pretzelcitysports.com** No Pets please

Thank you to our Sponsors! We appreciate your support!

Race Registration:

610/944/6537  610/488/8080
FLEETWOOD BERNVILLE
FOOTCARE CENTER, P.C.
WWW.FLEETWOODFOOTCARE.COM
CLAYTON R. SMITH, D.P.M.
MATTHEW D. SOWA, D.P.M.


PHYSICAL THERAPY
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*****Proceeds benefit the Oley Valley High Athletics Boosters and Pagoda Pacer Scholarship Fund*****
The Pagoda Pacers are committed to providing you with a safe race environment.



Event Timing by:

Shirts and awards provided by:



A PAGODA PACERS ATHLETIC CLUB EVENT